



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 09135, Grape juice, canned or bottled, unsweetened, without added ascorbic acid ^a

Report Date: June 30, 2017 10:53 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water ^{1 2}	g	84.51	5	0.888	83.62	85.78	1.0	73.23	95.79	2	Analytical or derived from analytical	--	06/2008
Energy	kcal	60	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2008
Energy	kJ	252	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2008
Protein ^{1 2}	g	0.37	5	0.012	0.36	0.42	1.0	0.227	0.52	2	Analytical or derived from analytical	--	06/2008
Total lipid (fat) ^{1 2 3}	g	0.13	7	0.078	0	0.34	2.0	-0.208	0.46	3	Analytical or derived from analytical	--	06/2008
Ash ^{1 2}	g	0.22	4	0.058	0.11	0.28	1.0	-0.518	0.954	2	Analytical or derived from analytical	--	06/2008
Carbohydrate, by difference	g	14.77	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2008
Fiber, total dietary ¹	g	0.2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008
Sugars, total	g	14.20	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose 1 2	g	0.04	5	0.037	0	0.07	1.0	-0.436	0.511	2	Analytical or derived from analytical	--	06/2008
Glucose (dextrose) 1 2	g	6.81	5	0.026	6.72	6.87	1.0	6.476	7.136	2	Analytical or derived from analytical	--	06/2008
Fructose 1 2	g	7.36	5	0.062	7.2	7.69	1.0	6.569	8.152	2	Analytical or derived from analytical	--	06/2008
Lactose 1 2	g	0.00	5	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	06/2008
Maltose 1 2	g	0.00	5	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	06/2008
Galactose 1	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008
Minerals													
Calcium, Ca 1 4 5 6	mg	11	10	0.306	9	12	3.0	9.637	11.588	4	Analytical or derived from analytical	--	06/2008
Iron, Fe 1 2 4 5 6	mg	0.25	13	0.070	0.09	1	4.0	0.054	0.443	5	Analytical or derived from analytical	--	06/2008
Magnesium, Mg 1 2 4 5 6	mg	10	14	0.910	7	15	4.0	7.45	12.502	5	Analytical or derived from analytical	--	06/2008
Phosphorus, P 1 2 4 5 6	mg	14	14	1.284	10	18	4.0	10.254	17.386	5	Analytical or derived from analytical	--	06/2008

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Potassium, K 1 4 5 6	mg	104	9	5.291	83	119	3.0	87.39	121.068	4	Analytical or derived from analytical	--	06/2008
Sodium, Na 1 2 4 5 6	mg	5	14	0.623	2	8	4.0	2.911	6.371	5	Analytical or derived from analytical	--	06/2008
Zinc, Zn 1 4 5 6	mg	0.07	10	0.009	0.05	0.13	3.0	0.046	0.1	4	Analytical or derived from analytical	--	06/2008
Copper, Cu 1 2 4 5 6	mg	0.018	14	0.004	0.01	0.04	4.0	0.008	0.029	5	Analytical or derived from analytical	--	06/2008
Manganese, Mn 1 2 4 5 6	mg	0.239	14	0.024	0.08	0.43	4.0	0.172	0.307	5	Analytical or derived from analytical	--	06/2008
Selenium, Se 2	µg	0.0	4	--	0	0	--	--	--	1	Analytical or derived from analytical	--	06/2008
Fluoride, F 1 7 8	µg	138.0	32	65.977	72	204	--	--	--	1	Analytical or derived from analytical	--	06/2008
Vitamins													
Vitamin C, total ascorbic acid	mg	0.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Thiamin 1	mg	0.017	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008
Riboflavin 1	mg	0.015	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Niacin 1	mg	0.133	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008
Pantothenic acid 1	mg	0.048	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008
Vitamin B-6 1	mg	0.032	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008
Folate, total 1	μg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008
Folic acid 1	μg	0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008
Folate, food 1	μg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2008
Folate, DFE	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2008
Choline, total 1	mg	3.2	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Betaine 1	mg	0.2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2006
Vitamin B-12	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2002
Carotene, beta	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	09132	11/2002
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09132	11/2002
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09132	11/2002
Vitamin A, IU	IU	8	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	09132	11/2002
Lutein + zeaxanthin	µg	57	--	--	--	--	--	--	--	--	Calculated or imputed	09132	04/2014
Vitamin E (alpha-tocopherol) ^{3 9}	mg	0.00	3	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	11/2002
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Tocopherol, beta ^{3 9}	mg	0.00	3	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	11/2002
Tocopherol, gamma ^{3 9}	mg	0.00	3	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	11/2002
Tocopherol, delta ^{3 9}	mg	0.00	3	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	11/2002
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin K (phylloquinone) ¹⁰	µg	0.4	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2002
Lipids													
Fatty acids, total saturated	g	0.025	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
10:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
12:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
14:0	g	0.001	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
16:0	g	0.021	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:0	g	0.003	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total monounsaturated	g	0.003	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
18:1 undifferentiated	g	0.003	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Fatty acids, total polyunsaturated	g	0.022	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:2 undifferentiated	g	0.017	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:3 undifferentiated	g	0.005	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/1995
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	08/1982
Amino Acids													
Threonine	g	0.016	18	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Isoleucine	g	0.007	18	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Leucine	g	0.012	18	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Lysine	g	0.010	18	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Methionine	g	0.001	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982
Phenylalanine	g	0.012	18	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1982

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2002
Flavonoids													
Anthocyanidins													
Cyanidin ^{13 14 15}	mg	0.89	--	0.18	0.07	1.94	--	--	--	--	--	--	--
Petunidin ¹⁵	mg	1.0	--	0	1.02	1.02	--	--	--	--	--	--	--
Delphinidin ^{13 14 15}	mg	1.9	--	0.39	0.38	4.24	--	--	--	--	--	--	--
Malvidin ^{13 15}	mg	11.2	--	2.73	0.05	21.77	--	--	--	--	--	--	--
Pelargonidin ¹⁴	mg	0.0	--	--	0.02	0.02	--	--	--	--	--	--	--
Peonidin ^{13 15}	mg	1.1	--	0.28	0.43	1.8	--	--	--	--	--	--	--
Flavan-3-ols													
(+)-Catechin ¹³	mg	0.8	--	0.1	0.08	3.17	--	--	--	--	--	--	--
(-)-Epicatechin ^{13 15}	mg	0.6	--	0.07	0	2.07	--	--	--	--	--	--	--
Flavones													
Apigenin ^{14 16}	mg	0.0	--	0	0	0.01	--	--	--	--	--	--	--
Luteolin ^{14 16}	mg	0.0	--	0	0	0.02	--	--	--	--	--	--	--
Flavonols													
Kaempferol ^{14 16}	mg	0.0	--	0	0	0.01	--	--	--	--	--	--	--
Myricetin ^{14 15 16}	mg	0.7	--	0.2	0.03	1.19	--	--	--	--	--	--	--
Quercetin ^{14 15 16}	mg	0.7	--	0.24	0.41	0.8	--	--	--	--	--	--	--
Proanthocyanidin													
Proanthocyanidin dimers ¹¹	mg	3.2	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin trimers ^{11 12}	mg	1.2	--	0.94	0	1.78	--	--	--	--	--	--	--
Proanthocyanidin 4-6mers ¹¹	mg	7.5	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin 7-10mers ¹¹	mg	6.5	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin polymers (>10mers) ¹¹	mg	28.4	--	--	0	0	--	--	--	--	--	--	--

Sources of Data

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²Welch's Nutrient content of Welch's purple and white grape juices, 2008

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Footnotes

^a Includes purple and white grape juice